Amite County ***High School***

***May 2019*** Lunch Menu

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | May - 1  Pepperoni Pizza Wedge  Fries  California Veggies  Fruit Crisp  Assorted Fruit Juices  Ketchup  Assorted Milk | May - 2  Steak Fingers  Mashed Potatoes/ Gravy  Steamed Cabbage  Roll  Sugar Cookie  Ketchup  Tropical Fruit  Assorted Fruit Juices  Assorted Milk | May - 3  Spicy or Grilled Chicken Sandwich  Sweet Potato Fries  Cheesy Broccoli  Fresh Apples  Assorted Fruit Juices  Ketchup Mayonnaise  Assorted Milk |
| May - 6  Red Beans and Rice with Sausage  Mustard Green  Yam Patties  Cornbread  Applesauce  Assorted Fruit Juices  Assorted Milk | May - 7  Chef Salad  OR  Bacon Cheese Burger  Spicy Fries  Tossed Salad  Brownies  Ketchup Mustard  Fresh Apples  Assorted Fruit Juices  Assorted Milk | May - 8  Sloppy Joe on Bun  Fries  Black-Eyed Peas  Ketchup  Mandarin Fruit Cup  Assorted Fruit Juices  Assorted Milk | May - 9  Baked Chicken  Rice / Gravy  Roll  Green Beans  Lemon-Glazed Carrots  Fresh Oranges  Assorted Fruit Juices  Assorted Milk | May - 10  Mandarin Chicken  Stir Fried Rice  Summer Squash  Steamed Carrots  Roll  Chilled Peach Slices  Assorted Fruit Juices  Assorted Milk |
| May - 13  Cheesy Chicken /Rice  Southern Green Beans  Sliced Carrots  Roll  Chilled Peaches  Assorted Fruit Juices  Assorted Milk | May - 14  Chef Salad  OR  Corn Dog  Tater Tots  Lima Beans  Chocolate Chip Cookie  Assorted Fruit Juices  Applesauce  Ketchup Mustard  Assorted Milk | May - 15  Tacos Ole  Chips  Whole Kernel Corn  Black Bean Salad  Taco Sauce  Sour Cream  Chilled Diced Pears  Assorted Fruit Juices  Assorted Milk | May - 16  Boneless Hot Wings  Macaroni and Cheese  Roll  Sweet Potato Fries  Tossed Salad  Assorted Fruit Juices  Sliced Strawberries  Assorted Milk | May - 17  Turkey & Cheese on Bun  Fries  Green Peas  Mustard  Mayonnaise  Ketchup  Fresh Apples  Assorted Fruit Juices  Assorted Milk |
| May – 20  Managers Choice | May – 21  Managers Choice | May – 22  Managers Choice | May - 23 | May - 24 |

\*\*\*Students are encouraged to select five components: fruit, vegetable, grain, meat/meat alternative and milk. However students are only required to select three components with one being a fruit or vegetable.\*\*\*

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1% milk and skim milk.

\*\*\*Menu subject to change due to unforeseen circumstances.\*\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer.\*\*\*

Announcement:

Amite County School District will host the Summer Feeding Program this year.

The location will be the Amite County Elementary School Cafeteria.

Check the school website later this month for times and dates.